

Conifer Park Packing List

For your convenience, please use this checklist as you prepare for your stay at our facility.

Please bring only items identified on the list below. All other property will be placed in storage unit until you are discharged. Laundry facilities are available for your use.

Upon Admission, All Clients are Expected to Bring:

- Insurance Card and Claim Form (if required)
- *Photo Identification
- *Social Security Card
- *Prescription Card

Clothing:

- 6 Shirts/ Blouses
- 6 Pairs Jeans/Pants/ Skirts in Combination
- 7 Changes of underwear
- Bras (female)
- 7 Pairs of socks
- 1 Pair Pajamas
- 1 Robe
- 1 Pair of slippers
- 2 Sweaters
- 1 Outerwear Set (coat/jacket, gloves, hat, boots)
- 1 Pair comfortable walking shoes
- 1 Pair of shower shoes

Exercise Gear:

- 1 Pair Sneakers
- 2 Pairs Shorts
- 2 sweat suits
- 1 Swim Suit (one piece for women, trunks for men)

- 1 Pair Flip Flops (for pool area only)

Toiletries/Other:

- 1 Container Shampoo (new/unopened)
- 1 Non-Aerosol Deodorant (new/unopened)
- Notebook, Stationary, Stamps, Pens
- Appropriate Books, Novels and Magazines
- Family photos (glass must be removed from frames)

** If unable to bring basic toiletries, some will be given to you upon admission.

Medical:

- Prescribed Medications in their Prescription Containers along with a List of your Medications